

(Unofficial English Translation)

**MINISTER OF HEALTH DECREE
NUMBER 450/MENKES/SK/IV/2004**

ON

EXCLUSIVE BREASTFEEDING FOR BABIES IN INDONESIA

MINISTER OF HEALTH OF REPUBLIC OF INDONESIA

- Considering : a. whereas Breast Milk is the best food for baby as it contains the most suitable nutrient necessary for baby growth and development;
- b. as for the optimal growth and development of the baby Breast Milk shall exclusively be given until the age of 6 months and may be continued up to 2 years of age;
- c. that in relation to the above mentioned points a and b it is necessary to stipulate the exclusive Breast Milk provision into a Minister of Health Decree.
- In view of : 1. Law Number 23 Year 1992 on Health (State Gazette Year 1992 Number 100, Supplement to State Gazette Number 3495);
2. Law Number 7 Year 1996 on Food (State Gazette Year 1996 Number 99, Supplement to State Gazette Number 3656);
3. Law Number 8 Year 1999 on Consumer Protection (State Gazette Year 1999 Number 42, Supplement to State Gazette Number 3821);
4. Government Regulation Number 32 Year 1996 on Medical Professional (State Gazette Year 1996 Number 49, Supplement to State Gazette Number 3637);
5. Government Regulation Number 69 Year 1999 on Label and Food Commercial (State Gazette Year 1999 Number 131, Supplement to State Gazette Number 3867);
6. Minister of Health Decree No.1277/Menkes/SK/XI/2001 on Organizational and Working Procedure Within the Department of Health.

ATTACHMENT
MINISTER OF HEALTH DECREE
NUMBER : 450/Menkes/SK/IV/2004
DATED : 7 April 2004

10 STEPS TOWARDS THE SUCCESS OF BREASTFEEDING

1. The Medical Services (clinic/hospital) shall have written policy on Increasing Breastfeeding Provision, which shall be communicated routinely to all medical professionals;
2. To give training activity for medical professionals concerning knowledge and skill on how to apply the above mentioned policy;
3. To give explanation to all pregnant mothers about the advantage of breastfeeding starting from pregnancy period, birth period until the baby is 2 years old, including handling difficulties in breastfeeding;
4. To help mothers to breastfeed her baby within 30 minutes after the delivery, which is done in the delivery room. In case of Caesarian, breastfeeding must be done 30 minutes after mother is awake;
5. To help mothers on how to properly breastfeed her baby and to remain breastfeed even in the case that the mother has to be separated from the baby for medical reason;
6. Except for the Breast Milk, the new born baby should not be given whatever food or drink;
7. To nurse mother and the baby together so that the mother is available for the baby for 24 hours a day;
8. To help mother to breastfeed her baby whenever she and the baby want it, without any restriction on the duration and frequency of breastfeeding;
9. Not to give nipple to baby whose being breastfeed;
10. To give effort on establishing Breast Milk Supporting Group and to advise mother to join the group whenever she checks out from the hospital/ Medical Services.

Minister of Health

(signed)

dr. Achmad Sujudi

DECIDED

To determine:

- FIRST : Minister of Health Decree on Exclusive Breastfeeding Provision for Babies in Indonesia.
- SECOND : Determine the provision of exclusive Breast Milk for babies in Indonesia starting from birth until the baby reaches 6 months old and suggest to continue such provision until 2 years old with appropriate additional food.
- THIRD : All medical professionals who work for medical services shall inform all mothers who just deliver their babies to give exclusive Breast Milk.
- FOURTH : Medical Professionals in giving information stated in point 3 above shall comply with **10 STEPS TOWARDS THE SUCCESS OF BREASTFEEDING** attached to this Decree.
- FIVE : This Decree is valid as of its issue date.

Issued in Jakarta
On 7 April 2004

Minister of Health

(signed)

Dr. Achmad Sujudi